

Postgraduate Paediatric Feeding Workshop

**Responsive Feeding House Model:
A family centred approach to paediatric
feeding assessment and therapy**



3RD – 6TH SEPTEMBER 2024

**8:30am – 5pm
Aerial Function Centre,
University of Technology Sydney**

FACE TO FACE OR LIVESTREAM

Tickets on sale: January 2024
(early bird ends on 30th June 2024)

**Whether you are new to
paediatric feeding or are
an experienced therapist
keen to expand your
knowledge and skills, this
workshop is for you!**

**Four days filled with case
studies, videos, knowledge
sharing, and discussion.**

TICKET PRICES:

BUNDLE 1

Feeding assessment and
expanding food variety
using the Responsive
Feeding House Model

Days 1 & 2

\$700 early bird*
\$740 full price*

BUNDLE 2

Supporting complex
sensory eaters and
utilising trauma informed
frameworks in therapy:
*diving deeper into feeding
therapy.*

Days 1, 2 & 3

\$990 early bird*
\$1,050 full price*

BUNDLE 3

Supporting children with
a disability and chewing
difficulties, tube feeding
and aspiration:
*diving deeper into feeding
therapy.*

Days 1, 2 & 4

\$990 early bird*
\$1,050 full price*

BUNDLE 4

Feeding assessment and
therapy – a comprehensive
understanding of the
Responsive Feeding
House Model in
supporting children with
feeding difficulties.

Days 1 – 4

\$1,340 early bird*
\$1,400 full price*

Single tickets to day 3 and 4 are available to those who have already attended day 1 and 2 of the workshop series in previous years. Please email us at feedingtherapyaustralia@gmail.com to purchase these individual days.

*GST is added at checkout.



FEEDING THERAPY
Australia

feedingtherapyaustralia@gmail.com
feedingtherapyaustralia.com.au

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Day 1 & Day 2

**3RD - 4TH
SEPTEMBER 2024**

**PAEDIATRIC FEEDING
ASSESSMENT AND THERAPY**
Getting started and making
therapy successful



Day 1 and 2 Learning Outcomes

1. To understand what Responsive Feeding is and why it is so important in our practice.
2. To feel confident in undertaking a feeding assessment in children (aged 2-12 years).
3. To be aware of the developmental stages of chewing in older children (2 years up) and their importance in paediatric feeding assessments.
4. To understand what the Responsive Feeding House Model is and how it can be applied to your caseload.
5. To know how to increase a child's food variety (children aged 2-12 years).
6. To understand how to apply responsive feeding strategies with fussy eaters.
7. To gain a sound understanding of neurodiversity affirming feeding practices and their application to your caseload.
8. To understand how to apply responsive feeding strategies in restricted eaters.
9. To know how to write feeding assessment reports and plans (children aged 2-12 years).

Who should attend: Day 1 and 2 are suited to therapists working in private practice or community health whose caseload includes preschool and school aged children with fussy or restricted eating.

What is not included: Breast, bottle feeding and introduction to solids will not be covered. Please attend the 2-day paediatric infant feeding workshop for these topics.



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Day 3

5TH SEPTEMBER 2024

Day 3 Learning Outcomes

1. To understand how the Responsive Feeding House Model can be used with complex feeding cases.
2. To be more aware of how to apply neurodiversity affirming feeding principles in your practice.
3. To understand the inter-relationship complexities of ARFID and Paediatric Feeding Disorders (PFD).
4. To feel confident in knowing how to increase food variety with complex eaters.
5. To become more sensory aware in your feeding sessions (Guest Speaker: Rebecca Penfold, Senior Occupational Therapist).

Who should attend: Therapists working in private practice or community health whose caseload includes preschool and school aged children with sensory food preferences (5 foods or less) that impact on their ability to participate in family meals.

Day 3 Guest Speaker:

Rebecca Penfold
OCCUPATIONAL THERAPIST
COASTWIDE THERAPY SERVICES

*Supporting sensory challenges
in children with complex feeding
difficulties.*



Day 4

6TH SEPTEMBER 2024

Day 4 Learning Outcomes

1. To understand and apply the principles of oral motor therapy in children with disabilities.
2. To challenge your thinking around dysphagia assessment and management (Guest Speaker: Kate Headley, Senior Speech Pathologist).
3. To understand how to support complex tube feeding clients (Guest Speaker: Lauren Gladman, Senior Dietitian).
4. To be more aware of how to apply trauma informed principles in your feeding caseload and in your team.
5. To feel confident in knowing how to support an anxious child in feeding therapy.
6. To know how to problem solve with your complex feeding caseload (case study multidisciplinary based).

Who should attend: Therapists working in private practice or community health whose caseload includes delayed oral motor skills, tube feeding, aspiration, and children with high levels of worry/anxiety around trying new foods.

Day 4 Guest Speakers:

Lauren Gladman
DIETITIAN

*Tube feeding and weaning:
working collaboratively with a
Dietitian.*

Kate Headley
SPEECH PATHOLOGIST

*Considerations in dysphagia
management for children with
complex support needs.*

Our Responsive Feeding House Model is a responsive feeding framework that can be used with any child or family struggling with feeding challenges. This family centred model is grounded in evidence-based theory and supports you in developing therapy programs that are successful and that focus on generalising long-term feeding goals.



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ABOUT THE SPEAKERS

Debbie Alvarez

Debbie is a speech pathologist with 20 years' experience supporting babies and children with feeding difficulties. She has worked in acute hospital settings including St George and Sydney Children's Hospital, where she met and worked with Val. Debbie is the owner of 'Feeding Kids Sydney', a private practice in Southern Sydney that supports families having difficulty with breast and bottle feeding, the introduction to solids, fussy and restricted eating, as well as children with a disability who require dysphagia management and tube feeding.

Debbie uses responsive feeding techniques in her practice and has, together with Val, developed the Responsive Feeding House Model under their joint business 'Feeding Therapy Australia'. She currently mentors therapists around Australia and has presented both in Australia and internationally.



Valerie Gent

Val is a speech pathologist who has worked in paediatric feeding difficulties for 20 years. She has experience both in acute and disability healthcare models and currently owns 'Let's Eat! Feeding Therapy', a dedicated paediatric feeding private practice in Newcastle.

Val has published a kid's book "I'm NOT Hungry for My Dinner" using the Satter Division of Responsibility principles which received the Elyn Satter Institute (ESI) seal of approval and was shortlisted for the Speech Pathology Australia 'Book of the Year' awards in 2022. She also completed her Master of Medical Research at Griffith University in 2023 examining 'The impact of feeding difficulties on the participation of primary school aged autistic children and their families' and was given the 'Award of Excellence in a Research Thesis'.

Val currently presents with Debbie under their company, 'Feeding Therapy Australia' and will begin her PhD in responsive feeding at the University of Queensland in 2024.



ATTENDEES HAVE SAID THE FOLLOWING ABOUT THEIR COURSES

"Loved the passion and knowledge of Val and Debbie. Both are great at presenting and were very engaging."

"I got so much out of this workshop, Debbie and Val are amazing, it was very practical."

"Knowledgeable presenters, good resources & models (House model, food wheel). Cheat sheets are great!"

"Thank you so much for sharing your wealth of knowledge and organising it in such an accessible way."



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